

Year 8 - Physical Education

Areas of Learning

- Team activities and competitive sports
- Athletics/Fitness
- Evaluation/Analysis of performance using appropriate PE vocabulary
- Competitive sports and activities outside school through community links

Approaches to learning

- Pupils build on and embed the physical development and skills
- Pupils become more competent in their techniques
- Pupils apply their skills across different sports and activities

Examples of learning

- Use a range of tactics and strategies in team games
- Participate in competitive sports and activities
- Observe team mates and comment on their performance
- Participate in outdoor activities building on trust and developing skills to solve problems

References

National curriculum in England: primary curriculum, DfE, 2015

www.education.gov.uk/national-curriculum