

## **Year 7 - Physical Education**

### **Areas of Learning**

- Team activities and competitive sports
- Athletics/fitness
- Evaluation/Analysis of performance using appropriate PE vocabulary
- Competitive sports and activities outside school through community links

### **Approaches to learning**

- Pupils build on and embed the physical development and skills
- Pupils become more competent in their techniques
- Pupils apply their skills across different sports and activities

### **Examples of learning**

- Use a range of tactics and strategies in team games
- Participate in competitive sports and activities
- Observe team mates and comment on their performance
- Participate in outdoor activities building on trust and developing skills to solve problems

### **References**

*National curriculum in England: primary curriculum, DfE, 2015*

*[www.education.gov.uk/national-curriculum](http://www.education.gov.uk/national-curriculum)*